

Grandmaster Rhee Ki Ha visit to Devon

Most of you are probably aware that Grandmaster Rhee's planned visit to Devon on November 18th has been postponed due to a sudden international commitment. Hopefully we will be able to re-schedule the event soon.

Competitions

Please note that the UK Open has now been changed to Saturday 24th November due to a complication with the venue. Unhappy about this late change we have raised a complaint with the organisers and our association in the hope this does not re-occur next year. As for this event please update your calendars and hopefully you can support it.

Sadly Mr Millis will be unable to attend now as he has a family wedding to attend on this day. This means we are in need of a black belt to attend as official to avoid each of our competitors attracting an additional £5 fee.

Please volunteer asap if you are available.

Adults Christmas Party

This year's Christmas party is to take place at the Boathouse bar/restaurant in Paignton on 8th December. Spaces are limited. If you wish to attend please give a £5 deposit per person to your instructor asap.

Kids Christmas Party

This is currently under discussion and further details should be available in the next couple of weeks.

4 Nations Competition

In celebration of 40 years of Taekwon-Do in the UK, Exeter instructor Mr Phillip Taverner hosted the annual four nations competition at Exeter's Rugby ground, Sandy Park. The event was organised as a black-tie affair where spectators enjoyed the competition between the four national teams whilst tucking into a three-course meal. After the meal there was the opportunity to get up and boogie to the sounds of the visiting band. Have a look at the photos on our website to see what fun we had and you may even spot Grandmaster Rhee Ki Ha having a boogie too!

Special Achievements

Umpires Course

Six black belts from our school attended a National Umpire course hosted in Exeter. All six of them passed the written test and will hopefully be looking at using their new skills by officiating in future Competitions.

South Devon Taekwon-Do newly qualified umpires are Mr Kevin Yeo, Mrs Anne Evans, Mr Wayne O'Neill, Miss Rachael Smith and Miss Emma Reece. Mr Millis gained the highest National Umpire qualification, Class 'A' as this was his third successful course.

Rachael 2nd Dan

Congratulations to Rachael Smith on recently passing her 2nd Dan Black Belt grading. Rachael aged fourteen and a half travelled to Leicester to demonstrate her martial arts skills in front of a grading panel that consisted of 9th Dan Korean Grandmaster Rhee Ki Ha and six 7th and 8th Dan Masters. She performed exceptionally well, making both her instructor and parents proud. A more detailed write-up can be found on www.tkd4all.com

English Championships

A team of 11 competitors and 8 spectators from our schools went to this year's English Championships at the magnificent K1 sports complex in Crawley Sussex. It was great to see such a good number of you wishing to go and representing our school. Thank you to Amanda who organised and drove the minibus and a special well done to three junior members Callum Felton, Aimee Felton and Megan Felton who competed for the first time.

The 13 medals won have been added to the medals table on the schools website www.tkd4all.com

Official Of The Day

At the recent English Championships Mr Millis's hard work as the main ring's Jury President and Centre Referee was noted by the Chief Umpire and Senior Grandmaster Rhee Ki Ha when he was presented

Etiquette

It is great to see that we have had a sudden influx of new members during the last few months. With this in mind, I thought it would be wise to bring to the attention of all members a few important rules of etiquette in the 'TKD Dojang' (training hall). New members please do not worry if you cannot remember all of these, you will gradually pick them up over time.

- When entering or leaving the Dojang, the student should bow into the hall.
- Whenever you bow to each other say the phrase 'Taekwon' as a way of greeting.
- When instructed by the instructor, acknowledge them with 'Yes Sir' or 'Yes Maam'.
- If you are late enter the hall ready to train and wait by the door until invited to join in.
- Always avoid Idle Chatter during class especially whilst the instructor is trying to teach.
- If you are unable to attend a class please let the instructor know out of courtesy.

From a safety and hygiene aspect

- Always have a clean dobok (training suit)
- Ensure your hands and feet are clean and that your nails are short.
- Even though it is cool to wear your 'Bling' please refrain from wearing any jewellery whilst training.

Senior grades please lead by example, junior grades should be able to look up to you and want to be like you.

A quote from a famous author comes to mind...

"If you can't be a good example, then you'll just have to be a horrible warning."

Wednesday Junior Classes

As from 1st November Wednesdays class the juniors class will be extended by half an hour. This additional 30 minutes will allow the instructors to cover more of the Taekwon-Do syllabus and hopefully speed up the progress of all students. The new times will be 6.00pm to 7.30pm.

Wednesday Adult Classes

To accommodate the extended class for juniors the adults Wednesday class times will also change from 1st November. Adult colour belts times will be 7.30pm – 9.00pm and the Black Belt Class 8.00pm to 9.30pm.

Kingswear School

In recent months there has been such a positive growth at the Kingswear class that it has become necessary to re-structure, in order that we can focus better on the different grades and abilities in the class. Re-structuring the class will hopefully help to enable the students to progress quicker, and it will also ensure that the class size is kept to a safe maintainable size. The restructure will come into effect from 1st November. Please liaise with Mrs Wright to find out the new times.

Thursday Class

Time to bring a friend. In order to boost the membership at Thursday's class, throughout November, we would like to encourage you all to invite your friends and family along. As an incentive for the person who manages to get the most to join (e.g. purchase licence and training suit) they will win either a Full set of sparring equipment or a club tracksuit. Good luck

New Members

Welcome to all the new members who have joined our schools during the last couple of months. We hope you continue to enjoy your Taekwon-Do training. It was also great to see Adam Bohle 1st Dan and Jamie Bellamy 3rd Kup both return after having a couple of years break.

New Members

Olivia	Rebekah	Emily	Alexander	Lucy
Ellie	Naomi T.	Aasta	Sam	Megan
Jessica	Megan W.	Shaun	Thomas C.	Regan
Sebastian	Lauren R.	Phil	Harry	Naomi
Alexander B.	Anna	Lauren	Tom	Chloe