

South Devon Taekwon-Do News - Dec 2007

Christmas Class Closure

Over the festive holidays the instructors will have a short break from running the classes in order to spend time with their families and friends. Please enjoy your break and we look forward to seeing you back at class in January ready to work off those mince pies!

Day	Venue	Last Class of 2007	First Class of 2008
Sunday	Acorn Sports Centre	23 rd December	6 th January
Monday	Foxhole Junior School	17 th December	7 th January
Wednesday	Acorn Sports Centre	19 th December	2 nd January
Thursday	Newton Abbot Gym Hall	20 th December	10 th January
Friday	Kingswear	No Christmas closure, classes as per normal	

Cancelled Class

Unfortunately without any prior notice Foxhole junior school has just informed us that the hall is not available for hire on Monday 10th December due to the school nativity play. Please accept my apologies for this and feel welcome to come along to any of our other classes to avoid missing out on training.

January Fees

To compensate for the reduced classes over the Christmas break, all members who pay their normal monthly fees in December will be entitled to a one off reduction to their January fees. The reduced fees will be: -

£20 if you usually pay £26

£12 if you usually pay £18

Kids Christmas Party

Due to a double booking, this years Christmas get together for 5 to 16 year olds has been re-scheduled to just after Christmas on Saturday 5th Jan at 5.00pm. It will take place at AMF Bowl in Torquay with everyone having two games of Bowling and Sausage and chips. A Vegetarian option is available. All lanes will be organised into similar age groups. The specially negotiated rate of £7.50 will be further subsidised by South Devon Taekwon-Do reducing the cost to just £5 per person. If you would like to join us, please give your name and £5 to your instructor before 23rd December. Be quick as spaces are limited!

ITF England Area Squad Training

We will be hosting the next ITF England 'Area' squad training in Torbay on Sunday Jan 6th. The training will be conducted by Area Coach Mr Taverner 5th Dan and is open to all grades age 13 and over (including Veterans). The sessions are ideal for students who wish to improve their competition abilities and maybe improve their chances of being selected to compete internationally as part of the England national team. Training starts at 10.00am and finishes at 1.00pm and costs £10 for the session, which is paid into the Area squad fund. This fund is used to support students from our area when they go to international events and represent our country. Bring your dobok, sparring equipment, a drink, a pair of trainers, a skipping rope and a 'T' Shirt.

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Tracksuit

After a long wait the new style South Devon Taekwon-Do tracksuit is now available to order. Junior suits are available at £45 and Adult suits at £55.

The next order will be placed with the supplier on January 26th.

Cheaper Sparring Equipment

We are pleased to announce that we can now supply approved sparring kit at a much cheaper price due to finding an alternative wholesaler.

The instructors will now be selling two styles of approved sparring equipment, standard and professional. Both styles are available in Blue or Red and each set includes Hand pads, Foot Pads, Shin guards and a Head guard. The standard kit is available at £55 and the professional kit for £85.

Please order through your instructor to benefit from these discounted prices.

UK Open Championships

10 competitors from our school have just returned from the UK Open in Cardiff with a total of 17 medals. Well done to you all and thank you to those black belts who also helped to officiate. This brings the years total to 60 medals, see medals table on www.tkd4all.com

2007 Competitions Medal Winners

Prizes will be presented to this year's top three medal winners in January, well done Thomas, Rachael and Lorna.

1 st	Thomas Bridge	8 medals – 18 points
2 nd	Rachael Smith	8 medals – 16 points
3 rd	Lorna Wright	7 medals – 15 points

New Members

Welcome to Aldwyn Abbott and Thalia Kneil who have recently joined our schools. We hope you continue to enjoy your Taekwon-Do training. It is also great to see old students return after having a break, welcome back Andrew Prosser, Cate Jackson and Jack Williams.

Have a Merry Christmas and a Happy New year!