

## SOUTH DEVON TAEKWON-DO NEWS - JUNE 2007

### Bring a friend

During July I would like to encourage you to talk about our TKD School to your friends. As an incentive there is either a Full set of sparring equipment or a club tracksuit for the person who manages to get the most to join (e.g. purchase licence and training suit). So come on start spreading the word.

### New Black Belts

Special congratulations to Barry, David, Mike and Wayne who all promoted to 1<sup>st</sup> Dan black belt on 4th March 2007. The grading took place in Glasgow under the watchful eye of our Grand Master, Rhee Ki Ha, the Korean Instructor who brought Taekwon-Do to the UK.

All four performed exceptionally well throughout the pre-examination course and during their grading.

To achieve their black belts all four had to perform 2 patterns in front of a panel of masters, break a brick with their hand or foot, break a red breaking board with right side kick, left side kick, right turning kick, left turning kick, right reverse turning kick, left reverse turning kick or break two red boards with a choice of right and left techniques and answer a selection of questions, perform three step sparring, two step sparring, one step sparring and free sparring.

Well done to them all.



### New Webmaster

Anne Evans 1<sup>st</sup> Dan has kindly taken on the responsibility of looking after our schools website. Please visit regularly to keep up to date with the schools achievements, forthcoming events and other general information. There are lots of goodies now on the site including pattern movements, theory for gradings, pictures and video clips. The address of the site is [www.tkd4all.com](http://www.tkd4all.com) We welcome any suggestions or feedback on the website via the following email: - [webmaster@tkd4all.com](mailto:webmaster@tkd4all.com)

### New Instructor

Assistant instructor Emma Reece 1<sup>st</sup> Dan has become one of the schools main instructors taking over as instructor of the Thursday evening class in Newton Abbot. Mr Millis hopes to attend as often as he can where he may teach or join in. Good luck Emma.

### 2007 Cornish Open Results

#### Sparring Medals

Amanda Barge (G), Steve Yapp (G), Matthew Skilton (G), Thomas Bridge (G), Wayne O'Neill (S), Rachael Smith (S), Anne Evans (S), Christopher Wright (B), David Wright (B), Max Welfare (B)

#### Patterns Medals

Amanda Barge (G), Steve Yapp (G), Max Welfare (G), Thomas Bridge (S), Trevor Harnett (S), Emma Reece (B)

### 4 Nations and 40th Anniversary Dinner/Dance - 6th October 2007

The 6th October is the date set for the England, Ireland, Scotland and Wales national Taekwon-do teams to battle it out for the four nations trophy. This spectacular event is planned as part of the UKTA's Anniversary dinner being hosted at Sandy Park in Exeter. The dinner is open to everyone and will cost £35 per head or £300 per table (10 places). The Anniversary Dinner/Dance will start at approx 6.30 – 7.00 and spaces are very limited. If you are interested you must let Mr Millis know before July 31<sup>st</sup>.

### Donations

We have received three kind donations towards equipment for our schools. Many thanks to Kingswear Combined Charities who donated £300, Dart Steam Ship Charity who donated £325 and Kingswear Village stores who donated £50. We will arrange a photo shoot for the local press when the new equipment arrives.

### Sponsorship

There are current negotiations going on with a local company to sponsor our clubs new tracksuits. Once a deal is agreed the South Devon Taekwon-Do tracksuit will become available to students at a significantly reduced price. Further details soon.

## 2007 Welsh Open



This year's event took place in the excellent sports arena at Cardiff University. The event proved to be a long but very enjoyable day with over 300 competitors taking part competing across six rings. There was even a Welsh vocal performance and a cheerleader demonstration during the lunch break.

We took nine competitors from our school and all nine managed to return with at least one medal each. At the end of the day our school was placed 7th out of 29 schools. Well done!

A special mention goes to Thomas and Steve who both had to fight their way through 5 gruelling rounds to win their gold medals and thank you to Amanda for arranging the minibus.

Picture (Left to Right)  
G- Gold / S- Silver / B – Bronze

Back Row – Amanda (B), Wayne (B), Steve (G), Mr Millis, David (B), Emma (S)  
Front Row – Christopher (S), Lorna (G x 2), Kelly (G), Thomas (G x 2)

## 2007 Competition Medals Table

This year I have introduced a Medals table to record our competition achievements through out 2007. At the end of the year the top three students will be awarded a prize for their achievements. So come on get competing there are still plenty of events left this year.

Name	Gold (3 Points)	Silver (2 Points)	Bronze (1 Point)	Total Points
Steven Yapp	3	1	1	12
Thomas Bridge	3	1		11
Amanda Barge	2		1	7
Lorna Wright	2			6
Max Welfare	1		1	4
Matthew Skilton	1			3
Rachael Smith		1	1	3
Wayne O'Neill		1	1	3
Emma Reece		1	1	3
Christopher Wright		1	1	3
Kelly Wright	1			3
Anne Evans		1		2
Trevor Harnett		1		2
David Bearne			1	1
David Wright			1	1
Total Medals this year		30		

## Forthcoming Events

London Taekwon-Do Open  
International Instructors Course, 1.5-Day Course and Black Belt Exams  
English Open  
4 Nations and 40th Anniversary Dinner/Dance  
**Special Grandmaster Rhee Ki Ha Seminar in Devon**  
UK Open

15th July  
31 August—2 September 2007  
29<sup>th</sup> September  
6th October 2007  
17<sup>th</sup> or 18<sup>th</sup> November  
25<sup>th</sup> November